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**Recover, Rejuvenate
and Rediscover Life**

in Vietnam

**Flexible Short & Long-Term Health & Wellness Stay
in Vietnam for Canadians Seeking Care, Comfort,
and Rejuvenation**



Welcome

Welcome to Golden Ages- Imagine awakening each day to the soothing sound of ocean waves and a gentle tropical breeze, where your well-being is nurtured with personalized care and surrounded by nature's tranquil beauty. At Golden Ages, we invite Canadians seeking more than just a stay – an experience of renewal, vitality, and peaceful rejuvenation. Whether you

are looking for a serene retreat or a carefully guided health journey, our flexible short and long-term wellness programs offer a sanctuary where your body, mind, and spirit can flourish.

Golden Ages- your destination for peace, healing, and relaxation. Our wellness and healthcare stay program in Vietnam is designed specifically for Canadians looking to rest, recover, and enjoy a healthy, vibrant lifestyle by the sea. Whether you're taking a short wellness break or a longer recovery journey, we offer flexible a short term, **stays of 1 to 3 months with the option to extend to a long term stay**. Let the tropical warmth, personalized care, and rejuvenating experiences bring a **sense of liveliness** back into your life.

[About Us](#)

Program Highlights

- **Tropical Climate & Coastal Healing:** Enjoy the natural therapeutic benefits of warm weather, ocean breeze, and a tranquil environment that promotes both physical and mental well-being.
- **Comprehensive Health Monitoring:** 24/7 access to healthcare professionals, personalized wellness assessments, and on-site medical assistance ensure peace of mind throughout your stay.
- **Wellness & Spa Services:** Indulge in massage therapy, physiotherapy, beauty treatments, and restorative spa services that help you feel refreshed and energized.
- **Resort-Style Living:** Comfortable, fully serviced accommodations with ocean views, nutritious dining, and peaceful surroundings create a true sense of home and healing.
- **Dental & Aesthetic Treatments:** Professional, affordable

care for your smile and appearance – all within the convenience of your stay.

Ready for a Healing Getaway? Our Coastal Healing Journey Begins Here.

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