

# Mũi Ne – Phan Thiet



## Phan Thi t – Tranquility and Wellness by the Sea

Located along Vietnam's southeast coast, **Phan Thi t** is a charming seaside city known for its **sunny climate, calm beaches, and relaxed pace of life**. Famous for its sand dunes, fresh seafood, and friendly locals, Golden Ages offers a **peaceful and affordable environment**, ideal for retirees and those seeking short or long-term wellness or recovery stays. With a growing number of **healthcare clinics, wellness resorts, and natural therapy offerings**, Golden Ages; community in Phan Thi t is an emerging destination for those looking to combine **health-conscious living with coastal serenity**. The city's slower rhythm, clean sea air, and abundant sunshine support both **physical and mental well-being**, making it an excellent place to rest, rejuvenate, or enjoy a vibrant yet gentle

retirement lifestyle. Whether you're taking morning walks on the beach, engaging in gentle physical therapy, or savoring the fresh local cuisine, **Golden Ages welcomes you to a healthier, more fulfilling way of life.**