


# Package



## **Flexible Stays. Personalized Care.**

We offer thoughtfully designed packages to suit your lifestyle, health needs, and duration of stay. Whether you're looking for a short-term retreat or a longer wellness experience, we make it simple and stress-free. Golden Ages provides affordable rates compared to private care in Canada, with a wide range of services and amenities. 

### **Independent Living Package**

Perfect for active retirees who value freedom, comfort, and community.

Includes:

- Private, fully furnished luxury rooms or suite
- Healthy selection nutritious meals daily available upon request (à la carte or meal plan)
- Weekly housekeeping & linen service
- 24/7 on-call support
- Wellness and recovery programs
- Access to social, cultural, and recreational activities
- Scheduled transportation

[Contact us for pricing details](#)

## **Short Wellness Stay (1–3 Months)**

Ideal for short-term recovery, seasonal stays, or a rejuvenating break.

Includes everything in Independent Living, plus:

- Personalized health & wellness consultation
- Light physiotherapy and mobility support available upon request with extra fees
- Daily on-site nursing check-ins
- Access to optional add-ons services

[Contact us for pricing details](#)



## **Premium Wellness Retreat**

A premium, all-inclusive wellness-focused stay for individuals seeking more attentive care and pampering.

Includes everything in Wellness Stay, plus:

- Daily health monitoring by licensed staff
- Weekly visits from healthcare professionals

- Concierge services
- Nutritionist-guided meal planning
- Enhanced leisure and spa treatments
- On-demand transportation and personal assistance

[Contact us for pricing details](#)

## Optional Services

- Dental care & hygiene packages
- Beauty & massage treatments
- Private nurse or personal assistant
- Private physiotherapy or specialist visits
- Customized meal plans
- Extra professional activities
- Dental care and aesthetic services
- Guided excursions & tours
- Cultural and language workshops

[Contact us for pricing details](#)



Note: Pricing is available upon consultation.

Important: Pricing may vary based on the season and individual needs.

## Packages & Brochures

- [Short Stay recovery & Wellness \(1-3 months\) Package Brochure](#)
- Extended Stay Wellness (6+ Months) Package Guide:
- Additional Services and Activities Brochure:

- [Optional Medical Services](#)
- [Optional Dental Services](#)
- [Optional Beauty & SPA Services](#)
- [Optional Skincare & Anti-Aging Services](#)

[Book a Stay or Consultation](#)



## **Optional Services**

For your convenience, detailed brochures and catalogs outlining each of our wellness packages are available for download. These documents provide comprehensive information on services, accommodation, and additional options to help you make the best choice for your stay.

## Ideal for a focused period of rest and health monitoring, including:

- [Your Personalized Journey Guide – step-by-step support from arrival to departure](#)
- [Round-the-Clock Health & Wellness Care – 24/7 monitoring with medical access](#)
- [Standard Wellness Collection – beautifully designed package overview](#)
- [Chef-Crafted Daily Menus – nutritious, flavorful meals tailored to your preferences](#)
- [Extended Wellness Experience – in-depth package details for enhanced well-being](#)
- [Enrichment & Lifestyle Add-Ons – curated services and engaging activities brochure](#)
- [Discover Local Treasures – optional guided sightseeing and cultural tours](#)

Download detailed brochures and catalogs of our wellness packages to explore options or contact us directly to receive your personalized information package and plan your stay