



GOLDEN AGES STANDARD WELLNESS COLLECTION

Beautifully Designed Wellness Experience

Discover a thoughtfully curated package that blends healthcare, relaxation, and lifestyle enrichment—designed to support your well-being while you enjoy every moment of your stay.



Premium Living

- Deluxe or suite accommodation
- Housekeeping & coordination services
- Safe, comfortable, and elegant environment



Health & Medical Care

- 24/7 health monitoring via the mCare platform
- Daily professional health check-ups
- Access to doctors and medical consultations
- Personalized wellness and care plans



Wellness & Relaxation

- Scheduled massage and therapeutic treatments
- Access to spa and wellness facilities
- Mindfulness, yoga, and light fitness sessions



Nutrition & Dining

- Daily nutritious full buffet breakfast
- Dietary guidance tailored to your health needs
- Fresh, balanced, and delicious meals with optional customized plans



Lifestyle & Activities

- Daily recreational and social activities
- Music, movie nights, and cultural experiences
- Beachside or nature-based relaxation programs



Seamless Journey Support

- Pre-arrival planning and travel assistance
- Airport welcoming & private transfers
- Dedicated guest coordinator throughout your stay
- Ongoing support from arrival to departure

“ Peace of mind with continuous care and supervision ”



**GOLDEN AGES
WELLNESS COLLECTION**



EITE

SUPER EITE

SUPER EITE PLUS

	Deluxe Double Twin	Grand Suite (2 Bedrooms)	Grand Suite (2 Bedrooms)
• Room Type			
• Buffet Breakfast	✓	✓	✓
• Meal Plan (Lunch and Dinner)	Optional	Optional	✓
• Afternoon Tea Tme	✓	✓	✓
• Laundry Service	2 Times Per Week	3 Times Per Week	3 Times Per Week
• 24/7 Health Monitoring	✓	✓	✓
• Daily Morning Activity at the Beach	✓	✓	✓
• Weekly Body Massage	60 min	90 min	120 min
• Music & Dance Entertainment Two Times a Week	✓	✓	✓
• Weekly Art and Handy craft Workshop	✓	✓	✓
• Professional Dance Class Two Times a Week	Optional	✓	✓
• Sunset Cruise Dinner, One Time	✓	✓	✓
• Complimentary Health & Dental Wellness Checkups	✓	✓	✓
• Guests welcoming at the airport	✓	✓	✓

www.goldenages.ca

Where Comfort, Care, and Lifestyle Come Together Beautifully